

Beverly Hills doctor helping men with gynecomastia regain their masculinity



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You've heard people jokingly call them "man boobs," but for those who suffer from gynecomastia, it's no laughing matter.

Gynecomastia is a condition that creates excess breast tissue in both adolescent boys and men, resulting in a more feminine-looking chest. A number of factors can lead to gynecomastia, including a hormone imbalance, endocrine disorder, or certain drug abuse, like steroids.

Many men with gynecomastia feel self-conscious and embarrassed, and have low self-esteem. Often, the only way to reverse the condition is male breast reduction surgery. Beverly Hills surgeon [Dr. Babak Dadvand](#) specializes in corrective, natural surgeries that help reshape a patient's chest for a more masculine look.

To learn more about Dr. Dadvand and male breast reduction surgery, be sure to check out our story below, airing statewide this week on California Life!